

CONTINENTAL BREAKFASTS

Prices are based on a maximum of one (1) hour of service.

THE SADDLEBROOK

Chilled Fruit Juices

Fresh Sliced Fruit Display

Assortment of Muffins, Croissants and Pastries

Freshly Brewed Coffee, Decaffeinated Coffee,
and a Selection of Herbal Teas

DONUT & BAGEL SHOP

Chilled Fruit Juices

Fresh Sliced Fruit Display

Freshly Baked Bagels to include:

Plain, Poppy seed, Cinnamon Raisin & Whole Wheat

Assortment of Flavored Cream Cheeses and Jellies

Assortment of Glazed and Filled Donuts

Freshly Brewed Coffee, Decaffeinated Coffee,
and a Selection of Herbal Teas

THE EXECUTIVE

Chilled Fruit Juices

Array of Exotic and Familiar Seasonal Fruits

Assorted Individual Yogurt Parfaits

Individually wrapped Breakfast Sandwich on an English Muffin
with Scrambled Eggs, American Cheese and Canadian Bacon

Assortment of Bagels, Croissants and Danish Pastries

Freshly Brewed Coffee, Decaffeinated Coffee,
and a Selection of Herbal Teas

THE PALMER

Chilled Fruit Juices

Fresh Sliced Fruit Display

Assorted Cold Cereals

Assorted Yogurts with Granola and Fresh Berries

Assortment of Coffee Cakes and Jumbo Cinnamon Buns

Freshly Brewed Coffee, Decaffeinated Coffee,
and a Selection of Herbal Teas

KEY WEST

Chilled Fruit Juices

Fruit Kabobs with Coconut Anglaise

Fresh Fruit Smoothies to include:

- Attendant Included -

Very Berry, Tropical Surprise and Hypro Vitality

Assorted Fruit Filled Croissants

Potato Head stuffed with Scrambled Eggs, Salsa
and Pepperjack Cheese

Freshly Brewed Coffee, Decaffeinated Coffee,
and a Selection of Herbal Teas

BOXED BREAKFAST

Individual bottle of Orange Juice

Fresh Fruit Salad

Ham and American Cheese Croissant

Chef's Selection of a Breakfast Muffin

Nutri-Grain Bar



THEMED BREAKS

Prices are based on a maximum of one (1) hour of service.

HEALTH HEAVEN

Assorted Bottled Fruit Juices

Fresh Fruit Smoothies to include:

- Attendant Required -

Very Berry, Tropical Surprise and Hypro Vitality

Fruit Kabobs with Coconut Anglaise

Assorted Granola Bars

Turkey wrapped Cheesesticks

Peanut Butter Celery Sticks

Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas

Red Bull, Assorted Soft Drinks and Bottled Water

THE COOKIE FACTORY

Assorted Jumbo Cookies to include:

Chocolate Chip, Peanut Butter, Oatmeal Raisin,

White Chocolate Macadamia Nut and Double Chocolate Chip

Freshly Brewed Coffee, Decaffeinated Coffee,
and a Selection of Herbal Teas

Assorted Soft Drinks and Bottled Water

MID-MORNING BREAK

Fresh Fruit Kabobs with Coconut Anglaise

Mini Ham and Gruyère Cheese Croissants

Mini Fig and Goat Cheese Croissants

Mini Carrot and Bran Muffins

Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas

Assorted Soft Drinks and Bottled Water

MOVIE COUNTER TREATS

Nachos with Cheese Sauce

Oreos, Raisinettes, Twizzlers, M&M's, Gummy Bears,

Snickers, Dots, Chocolate Covered Pretzels,

Buttered Popcorn

Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas

Assorted Soft Drinks and Bottled Water

BEVERAGE BREAK

- One Hour Service -

Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas

Assorted Soft Drinks and Bottled Water

- Also available as a Full or Half-day Break -

SEVENTH INNING STRETCH

Assorted Whole Fruit

Cracker Jacks, Individual Bags of Peanuts, Buttered Popcorn,

Hot Jumbo Pretzels with Mustard and Cheese Sauce

Individual Cups of Old Meeting House Ice Cream to include:

Vanilla Bean, Deep Dark Chocolate, Butter Pecan,

Cookies N' Cream, Java Jive and Black Raspberry Chocolate Chunk

Mini Hot Dogs with Chili and Cheese

Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas

Assorted Soft Drinks and Bottled Water

TEE TIME

Angel Food Cake with Seasonal Fresh Fruit

Assorted Scones to include Raspberry, Blueberry and Raisin
with Orange Marmalade and Flavored Butters

Shortbread Cookies

Marble Pound Cake

Assorted Sliced Fruit Breads

Finger Sandwiches

Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas

Assorted Soft Drinks and Bottled Water

I SCREAM, YOU SCREAM

Individual Cups of Old Meeting House Ice Cream to include:

Vanilla Bean, Deep Dark Chocolate, Butter Pecan, Cookies N' Cream,

Java Jive and Black Raspberry Chocolate Chunk

Häagen-Daz Ice Cream Bars

Root Beer Floats

- Attendant Required -

Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas

Assorted Soft Drinks and Bottled Water

Saddlebrook offers several themes to enhance and stimulate your Coffee Breaks. Ask your Catering and Conference Services Manager for details.

ALL DAY BREAK PACKAGES

Prices based on maximum of one (1) hour of service.

HOLE-IN-ONE

Morning:

Chilled Fruit Juices

Fresh Sliced Fruit Display

Assortment of Breakfast Pastries
from Saddlebrook's Pastry Shop

Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas

Mid-Morning:

Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas
Assorted Soft Drinks and
Bottled Water

Afternoon:

Whole Fresh Fruit
Assorted Jumbo Cookies
Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas
Assorted Soft Drinks and
Bottled Water

EVEN PAR

Morning:

Chilled Fruit Juices

Fresh Sliced Fruit Display

Assorted Cold Cereals

Assorted Bagels and
Flavored Cream Cheeses

Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas

Mid-Morning:

Assorted Granola Bars
Fruit Kabobs with Coconut Anglaise

Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas

Assorted Soft Drinks and
Bottled Water

Afternoon:

Assorted Candy Bars
Hot Jumbo Pretzels with
Mustard and Cheese Sauce
Buttered Popcorn
Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas
Assorted Soft Drinks and
Bottled Water

AN ACE

Morning:

Chilled Fruit Juices

Fresh Sliced Fruit Display

Assorted Croissants

Assortment of Donuts
from Saddlebrook's Pastry Shop

Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas

Mid-Morning:

Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas
Assorted Soft Drinks and
Bottled Water

Afternoon:

Individual Cups of Old Meeting House Ice Cream
to include:
Vanilla Bean, Cookies N' Cream,
Deep Dark Chocolate,
Butter Pecan, Java Jive
and Black Raspberry Chocolate Chunk
Häagen-Daz Ice Cream Bar
Freshly Brewed Coffee,
Decaffeinated Coffee,
and a Selection of Herbal Teas
Assorted Soft Drinks and
Bottled Water

COFFEE BREAK À LA CARTE ITEMS

Please refer to our Pricing Guide for à la Carte Coffee Break Items

PLATED BREAKFASTS

All Breakfasts served with Orange Juice, Breakfast Pastries, Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas.

BREAKFAST STARTERS

Choice of One Included:

Breakfast Parfait
(Yogurt & Fresh Berries)

Seasonal Berries & Exotic Fruit Smoothie

Fresh Melon Cup
with Ginger Lime Anglaise Sauce

SCRAMBLED EGG SANDWICH

Scrambled Eggs with Tomatoes
on an English Muffin
served with Cheddar Cheese Hollandaise Sauce

CRAB TRAP

Two Fresh Poached Eggs on a Potato Pancake
with Spinach, Crabmeat and Vegetable Relish
topped with Tarragon Sauce

SUN COAST

Traditional Eggs Benedict served with Hollandaise Sauce

PLAIN 'N SIMPLE

Country Style Scrambled Eggs

Crisp Bacon
Link Sausage

Breakfast Potatoes

GOLD COAST

Scrambled Eggs with House Smoked Salmon
with Half a Bagel

Breakfast Potatoes

Baked Tomato Gratinée



BREAKFAST BUFFETS

Minimum service for 50 people.

*All Breakfasts will include an Assortment of Breakfast Pastries, Freshly Brewed Coffee, Decaffeinated Coffee and a Selection of Herbal Teas.
Prices based on a maximum of two (2) hours of service.*

FLORIDA BUFFET

Chilled Fruit Juice Bar
-Attendant Included -

Fresh Sliced Fruit and Melons
Yogurt Parfaits
Assorted Cold Cereals with Fresh Berries

Eggs Made to Order
- Chef Included -

French Toast Station
- Chef Included -
Bread Pudding French Toast with Anglaise
and Fresh Seasonal Berries

Applewood Bacon
Chicken Mango Sausage
Cheddar Cheese Grits
Breakfast Potatoes

SOUTHERN SUNRISE

Chilled Fruit Juice Bar
- Attendant Included -

Fresh Sliced Fruit Display

Assorted Yogurts with Granola and Fresh Berries
Assorted Cold Cereals

Hot Oatmeal with Cinnamon, Brown Sugar and Raisins

Buttermilk Pancakes Made to Order
- Chef Included -

Plain, Blueberry and Chocolate Chip with Butter,
Whipped Cream and Warm Maple Syrup

Assorted Freshly Baked Frittatas to Include:

Ham and Cheese
Spinach and Feta
Tomato and Basil

Crisp Bacon
Sage Link Sausage
Cheese Grits

FRONT NINE

Chilled Fruit Juice Bar
-Attendant Required -

Juice of the Day, Housemade V8 and Orange Juice

Tropical Fruit Martinis

House-cured Norwegian Salmon
with Traditional Condiments,
Selection of Bagels and Cream Cheese

Fluffy Scrambled Eggs

Omelette and Mini Waffle Station
- Chef Included -

Egg Omelettes Made to Order
(Egg Beaters Available)
with Ham, Onions, Green Peppers, Mushrooms,
Diced Tomatoes, Swiss and Cheddar Cheese

- and -

Mini Waffles Made to Order

With Warm Maple Syrup, Whipped Cream, Strawberries, Bananas,
Chocolate Chips, Butter and Peanut Butter

Crisp Bacon
Turkey Sausage
Breakfast Potatoes

ALL AMERICAN

Chilled Fruit Juice Bar
- Attendant Included -

Fresh Sliced Fruit Display

Assorted Yogurts with Granola and Fresh Berries

Assorted Cold Cereals

A Selection of Bagels and Assorted Cream Cheeses

Fluffy Scrambled Eggs

Crisp Bacon
Sage Link Sausage
Breakfast Potatoes

ITEMS TO ENHANCE YOUR BREAKFAST

BELGIAN WAFFLE STATION

- Chef Included -

with Warm Maple Syrup, Whipped Cream, Strawberries,
Chocolate Chips, Butter and Peanut Butter

SMOKED SALMON

Served with Bagels, Cream Cheese, Capers, Onions,
Chopped Egg and Tomato Relish

ASSORTED BREAKFAST PIZZAS

To Include:

Scrambled Eggs, Chorizo Sausage,
Pepperjack Cheese and Salsa

- and -

Scrambled Eggs, Ham and Mozzarella Cheese

- and -

Scrambled Eggs, Sausage and Tomato Basil Concassé

FRENCH TOAST STATION

- Chef Included -

Texas Toast with Anglaise and Fresh Seasonal Berries

OMELETTE STATION

- Chef Included -

Egg Omelettes Made to Order

with Ham, Onions, Green Peppers, Mushrooms,
Diced Tomatoes, Swiss and Cheddar Cheese
(*Egg Beaters available*)

FILL YOUR OWN BREAKFAST BURRITOS

Scrambled Eggs, Chorizo Sausage, Diced Sweet Peppers, Shredded
Pepperjack Cheese and Salsa

BREAKFAST SANDWICHES

Egg, Ham and Cheddar Cheese Croissants

- and -

Eggs, American Cheese
and Sausage Patty on an English Muffin

BUTTERMILK PANCAKE STATION

- Chef Included -

Plain, Blueberry and Chocolate Chip
with Butter, Whipped Cream and Warm Maple Syrup

CHEESE BLINTZES

with Strawberry Sauce